



Traditions
THIRISSA POON MOON PATTAN

BREAKFAST MENU SUNDAY

7:00 AM - 11:00 AM

PLATES AND PLATTERS

TRADITIONS BREAKFAST ... 16

Two Eggs Any Style, Choice of Breakfast Meat, Breakfast Potatoes, Choice of Toast with Jam

♥ AVOCADO TOAST ... 17

Honey Orange Ricotta, Sliced Avocado, Pickled Red Onions, Petite Greens, Everything Seasoning, Whole Grain Toast Served with Seasonal Fruit Salad

* Add Two Eggs 5 *

THE FARMER'S OMELET ... 18

Three Egg Omelet, Breakfast Potatoes, Toast

* Choice of Omelet Ingredients: Onions, Bell Peppers, Spinach, Mushrooms, Tomatoes, Bacon, Ham *

♥ COUNTRY FLAPJACKS

OR

GRIDDLED FRENCH TOAST ... 16

Stack of Buttermilk Pancakes or Flight of Cinnamon Spiced French Toast

* Customize with the Following:

Blueberries, Bananas, Chocolate Chips, Marshmallows *

BREAKFAST BOWLS

♥ HOT OATS ... 14

Mixed Berries, Warm Milk

BREAKFAST HASH BOWL ... 18

Breakfast Potatoes, Sautéed Peppers and Onions, Surry Sausage, Two Sunny Side Eggs, Cheddar Cheese, Green Onions, Smoked Tomato Aioli

* Add Toast 5 *

♥ BERRY HARVEST BOWL ... 16

Mixed Berries, Lemon Curd, Greek Yogurt, Whole Grain Granola

BISCUITS AND GRAVY ... 16

Toasted Buttermilk Biscuits, Warm Sausage Gravy, Breakfast Potatoes, Green Onions

* Add Two Eggs 5 *

SOUTHERN BENEDICT ... 18

Buttermilk Biscuits, Virginia Ham, Poached Eggs, Hollandaise, Petite Greens Served with Breakfast Potatoes

SIDES

Gf Df V MIXED FRUIT ... 5

Df V ♥ OATMEAL ... 5

Gf Df TWO EGGS ... 5

Df V BREAKFAST POTATOES ... 5

BREAKFAST MEAT ... 8

Choice of Apple Wood Smoked Bacon, Surry Sausage Links, VA Ham, Turkey Bacon, Chicken Sausage

Df V TOAST ... 5

Sliced Toasted Bread Available Breads: Sourdough, Whole Grain Wheat, Rye, English Muffin, Bagel, GF White, GF Wheat

BEVERAGES

MILK ... 4 | 6

JUICE ... 4 | 6

Orange | Apple | Cranberry | Grapefruit | Pineapple | Tomato | V-8

COFFEE/TEA ... 4

COLD PRESSED FRESH JUICE

PURE GREENS ... 8

Zucchini, Celery, Cucumber, Spinach, Kale, Romaine, Apple, Lemon, Ginger

ROCKIN BEET ... 8

Beets, Carrots, Apple, Lemon, Ginger

GOLDEN GIRL ... 8

Turmeric, Carrot, Pineapple, Lemon, Ginger

ALCOHOLIC BEVERAGES

RASPBERRY PEACH BELLINI ... 13

Rum, Raspberry & Peach Puree, Prosecco

BUZZED ICE COFFEE ... 14

Bailey's, Kahlua, Cream, Coffee, Caramel

PURE GREEN MARY ... 18

Tito's Vodka, Cold Pressed Pure Greens Juice, Hot Sauce

ISLAND MIMOSA ... 12

Guava, Passion Fruit, Orange, with Hint of Pineapple, Cava

Gf - Dish is Gluten Free, Df - Dish is Dairy Free, V - Dish is Vegetarian, ♥ - Dish is Heart Healthy

We are happy to accommodate any allergies you have. Most dishes can be prepared gluten free. Please let your server know if you have any allergies.



BREAKFAST BUFFET

All Buffets Include Juice and Coffee
Continental 18.98 | Full Buffet 28

CONTINENTAL OFFERINGS

COLD CEREAL STATION

Corn Flakes
Raisin Bran
Cheerios
Fruity Pebbles
Chilled Whole Milk

YOGURT STATION

Greek Yogurt
House Lemon Curd
Fresh Mixed Berry Compote

HOT CEREAL STATION

Oatmeal
Grits

TOPPINGS

Fix your Cereals and Yogurts How You Like:
Toasted Almonds, Granola, Chocolate Chips, Craisins, Cinnamon, Honey

SEASONAL FRUIT SALAD

OVERNIGHT OATS

TOAST STATION

Assorted Bagels
English Muffins
White
Wheat
Rye

SOFT SCRAMBLED EGGS

BREAKFAST MEATS

Applewood Smoked Bacon
Sausage Patties

GLUTEN FREE STATION

Blueberry & Chocolate Chip Muffins
White
Wheat
Bagels

SEASONAL PASTRY SELECTIONS

House Baked Pastries
Donut Holes
Assorted Mini Muffins

FULL BREAKFAST EXPERIENCE

Enjoy Everything from the Continental and Everything Below

— BREAKFAST POTATOES —

CRISPY FRIED POTATOES

— DAILY FRITTATA —

CARAMELIZED ONIONS AND BEEF

Beer Braised Onions, Beef, Cheddar Cheese

— CHEF'S SPECIAL —

SMOKED BBQ BRISKET

Smoked Beef Brisket, Herb Tossed Farmer's Potatoes

— SIGNATURE FRENCH TOAST —

BERRIES AND CREAM

Macerated Berries, Citrus Scented Whipped Cream

CHEF ATTENDED STATION

OMELETS AND EGGS TO ORDER

EGGS

Whole Eggs
Egg Whites

FILLINGS

Bacon, Ham, Peppers, Onions
Mushrooms, Tomatoes, Spinach

CHEESE

Cheddar
Swiss

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